



Alta Via 2 week trekking to Gran Paradiso



Gran Paradiso – Cogne - Champorcher

Days

7

Duration: 5-7 days

Price: from 1000 € person

Level: Intermediate

When: June-September

Max-min Persons: not specified



Extra: lunches



The Alta Via n 2 is an extremely well prepared and marked trail, going through the whole Southern side of the Aosta Valley, for more than 150 km, from Courmayeur to Donnas. It goes in the heart of the first Italian National Park, Gran Paradiso, dominated by peaks of the giant mountain by the same name. The wilderness of this area makes us able to encounter with majestic ibex, chamois and other animals of the Alps. The atmosphere up in high mountain huts, where you meet

with alpinists from all over the world, is of total awareness of life's wonder. I used to have very special feelings when down comes and paints all the white peaks with its bright pink fingers. If there is a god, he/she/they are probably nearer up here.

We have long personal experience of this place and we will help you tailor your travel exactly as you wish.



Program proposal

Day one:

Start at Milan airport. Transfer to Valgrisenche. Meet with the guide followed by hiking to the rifugio Chalet de L'Épée (2370 m), where we stay for the first night.

Day two:

Long, very wild trek to the splendid Col Fenetre at 2840 m, to continue down to Rhêmes-Notre-Dame. First time we see the Park's animals as ibex and eagles and for sure lots of marmots! The view is astounding from here. We stay in a small hotel in Rhemes for the night.

Day three:

We are in the heart of the Park of the Gran Paradiso, with its beautiful white peaks in front of us. We take the trek to one of the two highest passes of the trip, the Col de l'Entrelor at 3007 m. It is a long trekking that requires physical preparations to be able to go on to next day's tour. A possibility is to stay for two nights in the final town of Eaux Rousses to recover.

Day four:

Another long, but extremely spectacular trekking day. The tour reaches the middle of the Gran Paradiso range through the highest pass of the Alta Via 2 and also 1, the Col Loson (3299 m). Overnight stay in one of the nicest rifugios in the area, the Rifugio Sella (2584 m).

Day five:

Short trek down to the beautiful town of Cogne, where we stay for a night in the Bellevue, one of the most fabulous hotels in the whole Aosta Valley, with an art collection and the most refined genuine local food and atmosphere.

Day six:

Champorcher, visiting the second natural Park of the area, the Mont Avic, or departure day. We can offer this travel for a shorter period – long weekend.

This tour can be also done in the reverse way or changed according to the number of days that are at your disposal.



Contact

marta@thealps.com
mobile +46 705 77 13 05
italy +39 347 99 88 404

linnea@thealps.com
mobile +46 703 01 70 16
italy +39 348 72 74 440